



## 40-HOUR CIT TRAINING

### OVERVIEW

Crisis Intervention Training (CIT) is an intensive 5-day session that provides law enforcement with the knowledge and skills for responding to a person during a mental health crisis. The training is conducted by local CIT trained officers, mental health professionals, family advocates and consumers; offering practical techniques for de-escalating crisis situations.

### TOPICS TO BE COVERED:

- Mental illness signs and symptoms
- Childhood mental health disorders
- Dealing with the dually-diagnosed
- Mental health law
- De-escalation techniques

Participants will hear from consumers and family members, participate in mental health ride-alongs and practice scenario based training.

### ATTENDANCE REQUIREMENTS

**Participants are required to attend all 40 hours to receive a certificate of attendance**, CIT lapel pin, and CIT challenge coin. If an officer has to appear in court, please email [Jodi Long \(jlong@mcadamhs.org\)](mailto:jlong@mcadamhs.org), to make up the missed sections/lessons. The training will be held at the Montgomery County Alcohol Drug Addiction Mental Health Services, 409 E. Monument Avenue Suite 201, Dayton OH 45402. Pre-registration is required.

Dress code: Monday – Thursday business casual/department casual; Friday regular work uniform.

**Cost:** FREE, sponsored by Montgomery County Alcohol, Drug Addiction & Mental Health Services, Pre-registration is required.  
Breakfast, lunch and refreshments provided each day.

### Upcoming Classes

**January 13-17, 2020:** Password- CIT2020

**April 13-17, 2020:** Password- CIT2020

**July 13-17, 2020:** Password- CIT2020

**October 19-23, 2020:** Password-CIT2020

### Registration-

[http://www.mcadamhs.org/trainings\\_and\\_events/peace\\_officer\\_training.php](http://www.mcadamhs.org/trainings_and_events/peace_officer_training.php)

Questions [Email Lynn Voisard](mailto:Lynn.Voisard@montgomerycountyohio.gov), call 937-443-0416 ext 108.

